

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1713	Uphues, Finn	RC Haltern	00:38.41		00:37.19		01:15.60	30
2	4814	Daners, Jan	MSC Soester B�rde	00:38.16		00:38.06		01:16.22	27
3	4434	K�hle, Jan	MSC Bergstadt R�then	00:40.12		00:39.99		01:20.11	24
4	1704	Beckmann, Niklas	RC Haltern	00:40.48		00:40.45		01:20.93	22
5	4204	H�binger, Benjamin	MSC Helle	00:41.04		00:39.94		01:20.98	20
6	1616	Karamitsios, Lukas	Hagener AC 05	00:42.01		00:39.90		01:21.91	18
7	2105	Godde, Tom	MSC Herten	00:39.32	2	00:40.97		01:22.29	16
8	4450	Bergmeier, Leon	MSC Bergstadt R�then	00:39.60	2	00:38.73	2	01:22.33	14
9	5403	Kugel, Jason	AJT des AC L�denscheid /	00:40.24		00:40.79	2	01:23.03	13
10	2015	Tschasche, Mick	MFC Auf dem Schnee Herd	00:40.57	2	00:41.01		01:23.58	12
11	4202	K�hler, Tommy	MSC Helle	00:41.83		00:40.38	2	01:24.21	11
12	4426	Schnitger, Nico	MSC Bergstadt R�then	00:39.59	2	00:40.07	4	01:25.66	10
13	2010	Tschasche, Rico	MFC Auf dem Schnee Herd	00:39.98	2	00:39.93	4	01:25.91	9
14	2002	Bohnert, Justin	MFC Auf dem Schnee Herd	00:44.42		00:41.92		01:26.34	8
15	8706	Glow, Jordan	AMC Schwelm	00:43.23		00:43.79		01:27.02	7
16	737	Kleine, Maxime	MSC Ruhr-Blitz Bochum	00:41.48	2	00:41.57	2	01:27.05	6
17	2619	Dec, David	AMSC Marl-H�ls	00:41.53	4	00:41.79		01:27.32	5
18	4206	T�tell, Alexander	MSC Helle	00:41.89	2	00:42.09	2	01:27.98	4
19	4208	H�lsmann, Pitt	MSC Helle	00:42.01	2	00:42.65	2	01:28.66	3
20	1606	Steinberg, Jimmy	Hagener AC 05	00:43.68		00:43.20	2	01:28.88	2
21	4448	Kura, Felix	MSC Bergstadt R�then	00:44.15		00:43.84	2	01:29.99	1
22	2125	Jakob, Tim	MSC Herten	00:43.51	2	00:44.14	2	01:31.65	1
23	8711	Glow, Lucille	AMC Schwelm	00:43.17	4	00:43.17	4	01:34.34	1
24	2110	Klug, Kevin	MSC Herten	00:44.20	2	00:44.55	4	01:34.75	1
25	713	Pirtschik, Luca	MSC Ruhr-Blitz Bochum	00:47.07	2	00:47.21		01:36.28	1
26	1708	Hackenberg, Louis	RC Haltern	00:44.68		00:45.68	6	01:36.36	1
27	2006	Grandrath, Joel	MFC Auf dem Schnee Herd	00:47.24		00:45.69	4	01:36.93	1
28	2013	Wabe, Jaden	MFC Auf dem Schnee Herd	00:44.26	12	00:42.59	2	01:40.85	1
29	5414	Schneider, Frederik	AJT des AC L�denscheid /	00:46.03	12	00:41.75	2	01:41.78	1
30	3809	Behrendt, Mike Louis	AMC Waltrop	00:48.63	2	00:47.54	4	01:42.17	1
31	8705	M�ller, Lara Elena	AMC Schwelm	00:48.34	4	00:50.07	6	01:48.41	1
32	4025	Kr�ger, Mats	MSF Warstein	00:44.37	18	00:45.62	2	01:49.99	1
33	2603	Sendrowski, Mika	AMSC Marl-H�ls	00:46.63	6	00:54.00	4	01:50.63	1
34	3812	Behrendt, Marco Leon	AMC Waltrop	00:48.39	6	00:57.75	2	01:54.14	1
35	5405	Krasniqi, Luan	AJT des AC L�denscheid /	00:49.23	20	00:43.55	4	01:56.78	1