

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1612	Ok, Ilkan-Emre	Hagener AC 05	00:38.15		00:37.49		01:15.64	30
2	1712	Körnig, Jastin	RC Haltern	00:38.30		00:37.94		01:16.24	27
3	1610	de Padova, Noah	Hagener AC 05	00:38.47		00:38.76		01:17.23	24
4	4421	Block, Niklas-Geronimo	MSC Bergstadt Rüthen	00:38.95		00:39.52		01:18.47	22
5	2606	Habicht, Tim	AMSC Marl-Hüls	00:38.78		00:39.70		01:18.48	20
6	4826	Mester, Tristan	MSC Soester Börde	00:38.97		00:39.80		01:18.77	18
7	1611	Klein, Tilo	Hagener AC 05	00:39.57		00:39.59		01:19.16	16
8	2601	Kownatka, Lennard	AMSC Marl-Hüls	00:40.49		00:40.87		01:21.36	14
9	2116	Jürgensmeyer, Devin	MSC Herten	00:42.36		00:41.06		01:23.42	13
10	1636	Lenz, Phillip	Hagener AC 05	00:39.33	6	00:39.08		01:24.41	12
11	1314	Gläser, Corinna	SFG Dorsten	00:43.35	2	00:41.12	2	01:28.47	11
12	4838	Bürger, Ruben Markus	MSC Soester Börde	00:39.33	10	00:38.29	2	01:29.62	10
13	3812	Winterberg, Leon	AMC Waltrop	00:44.68		00:45.83		01:30.51	9
14	4828	Zeayter, Angelo	MSC Soester Börde	00:40.32	6	00:40.39	4	01:30.71	8
15	3815	Exter, Maximilian	AMC Waltrop	00:46.84		00:44.84	2	01:33.68	7
16	2001	Redetzki, Leon	MFC Auf dem Schnee Herd	00:43.02	4	00:45.92	2	01:34.94	6
17	718	Krenski, Levin	MSC Ruhr-Blitz Bochum	00:44.69	2	00:41.75	8	01:36.44	5
18	726	große Kruse, Benjamin	MSC Ruhr-Blitz Bochum	00:41.89		00:47.07	10	01:38.96	4
19	4418	Schnitger, Marvin	MSC Bergstadt Rüthen	00:42.68	14	00:40.72	2	01:39.40	3
20	2128	Seifert, Alexander	MSC Herten	00:46.99	4	00:50.61		01:41.60	2
21	1707	Vierhaus, Alina	RC Haltern	00:42.14	10	00:42.09	8	01:42.23	1
22	4207	Hübinger, Daniel	MSC Helle	00:48.21	2	00:48.21	6	01:44.42	1
23	1702	Janberger, Gabriel	RC Haltern	00:48.48	10	00:46.33	2	01:46.81	1
24	4203	Andresen, Malte	MSC Helle	00:45.58	18	00:44.68		01:48.26	1
25	4408	Kontzen, Marius	MSC Bergstadt Rüthen	00:42.49	14	00:46.56	8	01:51.05	1
26	4610	Gütschow, Kevin	AMC Hamm	00:45.70	10	00:48.39	14	01:58.09	1
27	1714	Eske, Patrick	RC Haltern	00:49.00	14	00:51.67	4	01:58.67	1
28	4403	Enthof, Annika	MSC Bergstadt Rüthen	00:41.69	16	00:46.32	16	02:00.01	1
29	4611	Böckel, Lars	AMC Hamm	00:57.85	10	00:49.88	10	02:07.73	1
30	3820	Schmetterkordt, Leon-Marvin	AMC Waltrop	00:48.13	18	00:48.11	24	02:18.24	1
31	3816	Kemper, Jan	AMC Waltrop	00:56.34	12	00:58.29	16	02:22.63	1
32	4413	Gerits, Robin	MSC Bergstadt Rüthen	00:43.47	38	00:41.20	22	02:24.67	1
33	703	Wernthaler, Pia	MSC Ruhr-Blitz Bochum	00:52.32	30	00:50.60	16	02:28.92	1

Zeitnahme: Martin Daners  
Auswertung: Barbara Henke

Schnellster Lauf: 00:37.49  
(Ok, Ilkan-Emre - 1 / 1612)